

**CHEPSTOW CLUB CHAMPIONSHIPS 2016 and MONMOUTHSHIRE COUNTY CHAMPIONSHIPS 2016**  
**LETTER TO ALL SWIMMERS**

This year Chepstow is organising a Closed Meet at Newport pool on Saturday 17<sup>th</sup> and Sunday 18<sup>th</sup> September from 1pm to 6pm. We will be using electronic timing and the times recorded will be sent to British Rankings. We have invited the other clubs in Monmouthshire to take part – Abergavenny and Monnow. We have been given permission by Swim Wales to call the meet “Monmouthshire County Championships”.

The times from this meet will be used for our own Club Championship awards. These awards will be presented at the club’s presentation and social night at Chepstow Rugby Club on Saturday 12<sup>th</sup> November at 6pm. Every swimmer taking part in the Club Championships will receive an award so please keep this date in your diaries. More details will follow shortly.

**It is a condition of membership of the club that each swimmer takes part in the Club Championships. This is everyone in the P1/P2/P3/P4/D1/D2/D3/Fitness squads.**

Performance Squads P1 and P2

Compulsory events – 200m Individual Medley and 200m Freestyle.

**You are expected to enter at least 10 events.** You may enter every event if you wish.

Performance Squads P3 and P4

Compulsory events – 200m Individual Medley and 200m Freestyle.

**You are expected to enter at least 6 events.** You may enter a maximum of 10 events.

Fitness Squad

Compulsory events – 200m Individual Medley and 200m Freestyle.

**You may enter any other events that you want.**

Development Squad D1, D2 and D3

Compulsory events – 50m freestyle, 50m backstroke, 50m breaststroke, 50m butterfly and 100m IM.

**You may not take part in any other events.**

**Club Championship Awards**

Awards this year will be based on FINA points. There are many explanations of this system online, here is one example [http://swimwiki.geologix.ch/index.php/swimrankings:FINA\\_Points](http://swimwiki.geologix.ch/index.php/swimrankings:FINA_Points)

Performance Squads (P1/P2/P3/P4)

Separate awards will be given for boys and girls in the following age groups 8&U/9/10/11/12/13/14/Open. Medals will be awarded as follows:

100m IM – gold, silver and bronze for each age group

200m IM – gold, silver and bronze for each age group

Freestyle – FINA points will be totalled across 50m, 100m and 200m events and gold, silver and bronze medals awarded for each age group. You must enter each event to win a medal.

Breaststroke – FINA points will be totalled across 50m, 100m and 200m events and gold, silver and bronze medals awarded for each age group. You must enter each event to win a medal.

Backstroke – FINA points will be totalled across 50m, 100m and 200m events and gold, silver and bronze medals awarded for each age group. You must enter each event to win a medal.

Butterfly - FINA points will be totalled across 50m, 100m and 200m events and gold, silver and bronze medals awarded for each age group. You must enter each event to win a medal.

Trophies – the total number of FINA points will be calculated across all of the events for each swimmer. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies will be awarded for boys and girls in each of the age groups based on the total number of points. Therefore, the more events that you enter, the greater the opportunity you will have to accumulate FINA points.

Every swimmer who has not received one of the above awards will receive a participation medal.

A number of other trophies will be awarded on the night e.g. endeavour awards, Chairman's award, Sue Brace Memorial Award.

#### Development Squad Swimmers

Separate awards will be given for boys and girls. Gold, silver and bronze medals will be awarded for each of the Development Squad events i.e. 50m freestyle, 50m backstroke, 50m breaststroke, 50m butterfly and 100m IM. There will be no separate age categories for the Development Squad events. In addition, a best boy and best girl trophy will be awarded to the swimmers with the highest FINA points total across the Development Squad events. Every swimmer who has not received one of the above awards will receive a participation medal.

#### Monmouthshire County Championship Awards

Separate awards will be given on the day at the Monmouthshire County Championships in September. Details of these awards are given in the meet pack.